

CAMP SHALOM 2010

Charles Schusterman Jewish Community Center
2021 East 71st Street, Tulsa, OK 74136

**REGISTRATION DEADLINE:
Friday, May 14, 2010**



SAVE TIME!
ENROLL ONLINE!
WWW.CSJCC.ORG

ENROLL BY
MAY 14
FOR EARLY BIRD
PRICES!

CSJCC
MEMBERS
SAVE 15%

SPECIAL DATES!
APRIL 1
Scholarship Applications Due
MAY 14
Registration Deadline
MAY 30
2 pm - 4 pm
Meet the Counselors

Camp Director: Martha Kelley
Asst. Camp Director: Alan Drover

Non Profit Org.
U.S. POSTAGE
PAID
Tulsa, OK
Permit No. 256

CAMP SHALOM 2010

Shalom Has Talent

Do you have a talent? We have a camp for you! Whether you dance, sing, juggle or are a magician, you can showcase that talent at this camp. MPSA will be with you each step of the way. We will assist you in stage presence, learning how to refine your talents, assist you with costume design in preparation for the best talent show Camp Shalom has ever seen. Don't miss out on Shalom Has Talent!

Shalom Project Runway

Do you have a budding fashion designer? This camp will take your camper from an idea, to the creation of a design to its exhibition on the runway. Daily challenges will enhance their creativity by learning design techniques that will lead to a final runway creation.

Soccer Magic

The most popular camp annually, Soccer Magic is entering its 17th year under head coach (and camper favorite) Jason Neidell. Campers are grouped according to age and skill level, so every camper feels comfortable regardless of their level of play. Soccer Magic emphasizes fundamentals and technique, while ensuring every camper has a winning experience! Campers will enjoy an afternoon swim. Full day soccer camp.

Tee Time

Campers will receive instruction from LaFortune Golf Pros on the fundamentals of driving, chipping, putting and a full swing. At the end of each morning, campers will be evaluated on the basic skills they learned that day. On Friday, campers will play on the Par Three course. Campers can bring clubs or borrow LaFortune's. It will be a great week and the Golf Pros are really looking forward to working with the campers.

Tennis

Tennis camp is for campers who are either picking up a racquet for the first time or just starting to get the hang of it. Amanda Scroggs, CSJCC Tennis Pro, will emphasize sound fundamentals including proper footwork, grips, stroke production and movement. Camp will take place at the Jeanette Altman Frieden Sports Complex located at the CSJCC. In the afternoon, campers will put down their racket and put on their swim suit for some time in the pool. Campers can bring their own tennis racquet or borrow one from the CSJCC.

The Art of Music

A fun-filled music and art camp for 1st through 3rd graders. Children will explore music by using different art mediums. Our camp includes an incredible, high-energy music class with all sorts of props: balls, scarves, parachutes, percussion instruments and much more. The kids will be introduced to sections of the orchestra and then use that new knowledge to create ART in the art portion of the camp. The kids will enjoy learning about music and the orchestra while creating great works of art. At the end of camp, we will have a "Gallery" showing of all the works of art that have been created including a canvas you will be able to take home, frame and hang up in your own family gallery! Parents will be invited Friday at 11:30 am to enjoy our gallery showing in the Barbara and Dave Sylvan Auditorium.

Tour of Tulsa

Tour of Tulsa is back in high demand. Stops may include a news station, Tulsa World, BOK Center, Soccer City, Tulsa Zoo, Bass Pro Shop and end the week with a water park visit. Campers will leave the CSJCC by 9:15 am each day. Please send your camper in their camp t-shirt and bring a throw away non-microwaveable sack lunch each day. All stops are subject to change.

Wet N Wild

This is one of the more popular camps annually. Campers will spend the morning in the Sharna & Irvin Frank Aquatics Center located at the CSJCC playing their favorite water games. On Friday, they will spend the day at a water park. **Wet N Wild is a camp for strong swimmers only.**

3-K CAMPS

All Sports 3-K

Join us for a week of sports and games. Campers will have morning swim lessons (M/W/F) and afternoon free swim (T/TH).

Kids Kitchen 3-K

Campers will enjoy making kitchen creations. Campers will have morning swim lessons (M/W/F) and afternoon free swim (T/TH).

Space Adventure 3-K

Join us as we explore outer space and we promise to have your camper back to earth before camp ends. Your camper will enjoy a week of space-themed fun, activities and projects including games, crafts, and special guests. Campers will have morning swim lessons (M/W/F) and afternoon free swim (T/TH).

The Mighty Jungle 3-K

Your camper will spend a week of animal and jungle-themed fun activities and projects. It includes games, crafts and special guests. Campers will have morning swim lessons (M/W/F) and afternoon free swim (T/TH).

Under the Sea 3-K

Campers will kick-off the summer with ocean-themed fun, activities and projects including games, crafts and special guests. Campers will have morning swim lessons (M/W/F) and afternoon free swim (T/TH).

CAMPS

9:00 am. – 4:00 pm

Week 1 June 1-4

Under The Sea: 3 years-K
The Art of Music: Grades 1-3
Just Desserts: Grades 1-6
Tennis: Grades 1-6
Tee Time: Grades 1-6
Pre-CIT Fitness: Grades 4-6
Soccer Magic: 6-14 years

Week 2 June 7-11

The Mighty Jungle: 3 years-K
Bowling: Grades 1-6
Cheer Camp: Grades 1-6
Cooking: Grades 1-2
Design UR Own Camp: Grades 4-6
Shalom Has Talent: Grades 1-6
Outdoor Adventure: Grades 1-6
Soccer Magic: 6-14 years

Week 3 June 14-18

Space Adventure: 3 years-K
Back Stage: Grades 4-6
Cooking: Grades 3-6
Flag Football: Grades 1-6
Gymnastics: Grades 1-6
Music Theater: Grades 1-6
Personal Best: Grades 1-6
Read! Write! Action!: Grades 1-3
Tennis: Grades 1-3

Week 4-6 June 21-July 9

Camp Shalom Session 1: 3 years-K
Camp Shalom Session 1: Grades 1-6

Week 7 July 12-16

All Sports: 3 years-K
Bowling: Grades 1-6
ESPN: Grades 1-6
Kraffy Kids: Grades 1-6
MPSA Makes Noise: Grades 4-6
Read! Write! Action!: Grades 1-3
Tee Time: Grades 1-6
Tennis: Grades 1-6

Week 8 July 19-23

Kids Kitchen: 3 years-K
Cheer Camp: Grades 1-6
Fun Fitness 4 Kids: Grades 1-6
Shalom Project Runway: Grades 4-6
Read! Write! Action!: Grades 1-3
Secret Agent Camp: Grades 1-6
Tour of Tulsa: Grades 4-6
Wet N Wild: Grades 1-3

Week 9-10 July 26-August 6

Camp Shalom Session 1: 3 years-K
Camp Shalom Session 1: Grades 1-6

3-K Options: 5-day, 3-day (M/W/F) and 2-day (T/TH)

For prices go to www.csjcc.org or call 495-1111 for a paper copy to be mailed to you.

Camp Shalom reserves the right to change, cancel or combine camps due to low registration or any other reason by which the program cannot be conducted as originally planned. Camp Shalom reserves the right to alter any of the above program information in the best interest of Camp Shalom participants. Registration fees will be refunded ONLY in the event that a camp is cancelled.

General Information

About our Camp Staff

One of the most powerful signs that a camp is successful is staff retention. Our staff retention rate is consistently above 80%. Our staff understands and appreciates the sense of tradition that remains such an important part of this summer camp experience. Our staff utilizes their many years of experience and their deep sense of passion to provide a very meaningful, safe and exciting experience to their campers. All staff members are required to participate in an intensive camp orientation and are always offering ideas to help the leadership of this camp improve its product. Our staff will make sure that your camper has a summer of fun and a lifetime of memories.

The staff is led by a very dedicated group of professional individuals: Martha Kelley, Camp Director, in her 6th summer and Alan Drover, Assistant Camp Director, in his 24th year.

Camp Location

Camp Shalom meets at the Charles Schusterman Jewish Community Center, 2021 East 71st Street, Tulsa, OK 74136. The camp phone number is 918.495.1111 and the website is www.csjcc.org.

Camp Hours

Camp Shalom's operating hours are Monday through Friday, 9:00 am until 4:00 pm. Extended care options for all campers are available (see below).

Campership

A percentage of our campers attend camp each week on scholarships. We could not provide these opportunities to families without help from people like you. Please take this opportunity to add an additional amount to your payment to help others attend camp. Please make your tax deductible donation online at www.jewishtulsa.org.

Camp Dates

Camp Shalom 2010 will begin on June 1, 2010 and end on August 6, 2010. Camp will run every weekday with the exception of July 5.

Camp Ages

Camp Shalom is open to every child age three to twelve. Each camper must be at least three years of age by the first day of camp in which they are enrolled. Specialty camp age requirements vary. No diapers or Pull-ups are allowed—all campers must be toilet-trained. Grade levels within the context of these materials refer to the grade the student will be in August 2010.

Registration

Enroll online at www.csjcc.org or call 918.495.1111 to request enrollment forms. Early bird prices are in effect until the camp registration deadline of May 14.

Deposit

A Non-refundable deposit of **\$25 per week** per camper is due upon registration. Camp Shalom will not guarantee your camper a place until the \$25 per week deposit is paid. The \$25 deposits will be applied to your balance.

Discounts

All applicable registration and camp forms must be submitted by Friday, May 14 for early bird prices – save \$25 per week. Camp registration received after May 14 will not receive early bird discount. CSJCC members receive a 15% discount on camp prices.

Add and Change Policy

Before May 14th: If a camp is added and/or changed before May 14, 2010 the early bird price will still be in effect and there is no administrative fee.

After May 14th: If a camp is added and/or changed after May 14, the camp will have the REGULAR camp price (not early bird price).

Weekly camp changes after May 14 will have an administrative fee of \$15 per week added. All add/changes must be completed on the add/drop form (available on the camp forms table and online). E-mail and verbal request in person or over the phone cannot be accepted.

Cancel a Camp Policy

We must have 30 days written notice to avoid being charged the full price of camp. No refunds will be given for camps cancelled within 30 days of that camp. All cancelled camps must be completed on the cancel form (available on the camp forms table and online). E-mail and verbal requests in person or over the phone cannot be accepted.

Administrative Fee

Weekly camp changes after May 14, 2010 will have an administrative fee of \$15 added per change.

Camp Payments

Camp Shalom accepts cash, check, money order, Visa, American Express and MasterCard payments. Payment in full is due prior to the first day of attendance. For additional payment questions, please call Shelly Callahan at 918.495.1111. Payments may be made online at www.csjcc.org.

Scholarships

No Jewish child will ever be denied the right to attend Camp Shalom due to financial restrictions. Adjusted fees, payment plans, and scholarships can be discussed confidentially. Scholarship applications are available upon request and are due by April 1, 2010. Please call Shelly Callahan at 918.495.1111 for more details.

Extended Care

Supervised child care is available before and after camp hours for an additional charge. Extended care is available from 7:30 am until 9:00 am and from 4:00 pm until 5:30 pm. Extended care is offered as a service to parents and is not an extension of camp activities. Daily drop in rates: \$5. Any child dropped off before 8:45 am. or picked up after 4:15 pm will join other children in before or after care and parents will be charged the daily drop in rate of \$5. Late pick up is \$1 per minute after 5:30 pm

Medical Requirements

For the safety of all campers, we require a yearly health evaluation form on file for each camper. Medical forms can be downloaded at www.csjcc.org. Medical forms must be signed by a physician and a parent or legal guardian prior to your camper's first day of camp.

Behavior and Discipline Policy

The CSJCC wants all of our children to have a great time when they participate in Camp Shalom. We will make every effort to help children understand acceptable and unacceptable behaviors, however, it is important that children enrolled in our programs are able to follow behavior expectations and to fully participate in program activities. Parents/guardians are required to inform the CSJCC in writing of any special circumstances that may affect their child's ability to participate fully and to stay within the guidelines of acceptable behavior – including behavioral problems, psychological, medical or physical conditions. The CSJCC is not responsible for providing one-on-one care. In the event there are behavior problems deemed irreconcilable, a child may be removed from any Camp Shalom program **immediately**. No refunds (full or partial) will be issued if a child is asked to leave due to disciplinary reasons. Please see our full behavior and discipline policy online at www.csjcc.org.

Lunch at Camp Shalom

Campers must bring a dairy lunch every day. See parent manual for details. You may also pre-order lunches for Wed/Thurs/Fri. If lunches are not pre-ordered with registration they can be ordered on Monday **ONLY**. Wednesday's Kosher hot dog lunch and Thursday's chicken sandwich lunch are \$6 each. The lunches include chips, drink, fruit and a cookie. Friday's "Pie Day Fridays" features hot cheese pizza for \$1/slice!

What to Bring to Camp

In a backpack or bag, please bring a swimsuit, towel, sunscreen and dairy lunch. Please make sure all items are labeled with your camper's full name. Please send your camper appropriately dressed for the camp your child is attending.

Camp Forms

All camp forms are available for download at www.csjcc.org.

Camp Shalom 2010 Committee

Tracy Gaston, Angie Stolper, Co-chairs; Pam Goldberg; Carol Sweet; Lauren Zeligson; Miranda Kaiser; and Debra Setton.

Preschoolers

There is always something fun to do for these two groups: 3 & 4-year-olds and kindergarteners. Make sure they get a good night's sleep because we'll fill their days with more fun than they've ever known. Our younger campers are in for a summer of new adventures every week, including swim lessons, free swim, arts and crafts, special guests, outdoor play and more. You can choose from a five day, three-day (M/W/F) option or a two-day (T/TH) option. No diapers or Pull-ups allowed - children must be 100% toilet-trained and 3 years old by the first day of camp.

Grade-schoolers

For the 1st-6th graders, this is camping! For 38 years, Camp Shalom has meant summer fun for generations of people throughout Tulsa. Over the last three decades, we've seen a lot of changes. With all of the progress though, we've kept our focus simple: provide every camper with a safe environment, a caring and experienced staff, and a summer full of fun! We're long on "Kef" (Hebrew for "adventure"). In addition to specialty camp themes in the morning, campers will enjoy an afternoon swim, activities and Israeli fun.

CAMP DESCRIPTIONS

Camp Shalom 3 years-Kindergarten

Camp Shalom is filled with songs, special guests, morning swim lessons (MWF), free swim (T/TH), Israeli Scout Caravan, Fun Fridays with pizza, Israeli artists, theme dress-up days, late nights (July 6 and Aug. 3) and ends each week with Shabbat Friday at 3 pm

Camp Shalom 1st - 6th grade

Camp Shalom is filled with songs, special guests, field trips, electives (M/W), morning swim lessons (T/TH), afternoon free swim (M-F), Mitzvah Mondays (doing good deeds), Israeli Scout Caravan, Israeli artists, overnight experiences, theme dress-up day, Fun Fridays with pizza, late nights and ends each week with Shabbat Friday at 3 pm Overnight experiences: July 8 and August 5.

Specialty Camps

All specialty camps will include afternoon swim time, games, crafts and Israeli Fun unless noted.

Back Stage

If you like the theater but would prefer to remain behind the scenes, this camp is for you. MSPAs Back Stage Camp focuses on older campers who have a love of the theater and how it works. Set design, costume design, stage management, choreography, and directing are all included in this weeklong camp. All Back Stage campers will actively participate in the Music Theater Camp going on at the same time. All sets and costumes created by our Back Stage campers will be used for the final Music Theater show on Friday. They will also assist in directing, choreography and back stage management during the show.

Bowling Camp

Campers will spend the week bowling at Andy B's. Coach Christina Holcomb will show bowling videos targeted to campers, give on-lane instruction and bowl one game each day. Coach Holcomb will be on-lane with students for instructional purposes as well as during actual bowling. The format of the class will be targeted to rolling the ball down the lane, knocking down some pins and having fun!

Cheer Camp

2-4-6-8 get in team spirit with cheer camp! Campers will focus on spirit, stunts, tumbling, dance, jumps and spirit-cheer arts and crafts. On Friday, June 6 there will be a pep rally for parents and friends at 11 am in the CSJCC gym. Cheer camp will leave your camper cheering for more! Cheer camp will be taught by Hannah Scalet, a former varsity cheerleader, co-captain and All Stater of the Bishop Kelley Comets.

Cooking

Cooking is for campers who would like to learn the secrets of the kitchen and become a young chef. Campers will learn to cook following a recipe. We will cook appetizers, salads, side dishes and main courses. We will also learn how to design and decorate the food we cook and serve. Every day we will eat the food we make. Please send your camper with a storage container to take home food to share with their family. Instructor: Miki Zohar

Design UR Own Camp

Campers will design their own camp for the week. On Monday, campers will brainstorm with ideas, suggestions and the must-dos. Some examples are morning free swim, crafts, dodge ball tourney and Friday water park trip.

ESPN

Remember the days of playing pickup games in the backyard? Now's your chance to be the next Peyton Manning or Michael Jordan. Join us for a week of sports and games. Please send your camper in play type clothing and shoes. Instructor: Brian Underwood, PE teacher & coach at Holland Hall.

Flag Football (Full Day Camp)

Want to learn how to snap the flag, catch a pass or throw a football? These are just a few of the things campers will learn from Brian Underwood, former Tulsa University football player and current asst. football coach at Holland Hall. First year for full day Flag Football.

Fun Fitness 4 Kids

Fun Fitness 4 kids is a fun, upbeat camp that will teach kids skills that lead to an overall improvement in strength, flexibility, balance, and coordination skills. Kids will learn basic skills and proper techniques of exercise and fitness in a fun and encouraging environment. Additionally, the kids will experience an aerobic workout while doing relays, obstacle courses, and group games. Instructor: CSJCC Fitness Trainer Stephanie Middleton.

Gymnastics

Campers will receive instruction on the balance beam, floor exercise, vault horse and uneven bars. Campers will also work on coordination, balance, flexibility and fitness. Parents, family and friends are invited to a performance on Friday at 11 am in the CSJCC gym. Instructor: Sonya Middleton.

Just Desserts

Dessert cooking week is for campers who want to learn how to cook and make the right dessert for the meal. Campers will learn how to make different cakes, cookies, ice cream, chocolate mousse, fruit salads, jam and much more. Campers will also learn how to decorate, design and serve dessert. Please send your camper with a storage container so they can share their desserts at home. Instructor: Miki Zohar

Krafty Kids

From individual projects that begin in your camper's mind to group projects that emphasize the creative side of teamwork, Krafty Kids teaches the basics of different art forms.

"MSPA Makes Noise"

Here is a camp for 4th-6th graders with no musical experience or years of experience! This is a camp to fuel the musical imagination. Campers will create instruments out of everyday items; learn how to play together as a group; create their own percussion lines to perform; and learn about the art of percussion. This camp is about finding the music that is waiting to be discovered all around us! Parents, friends and family join us for a performance on Friday at 11:30 am in the Barbara and Dave Sylan Auditorium.

Music Theater Camp (Drama Camp)

Midtown School of Performing Arts will be following up its very successful production of "Annie Jr." and "Disney's Cinderella Kids" and "Disney's Aristocats" with this summer's production of "Disney's Beauty and the Beast" (license pending). The story begins with a beautiful, down-to-earth girl named Belle and her quirky father. She has caught the eye of Gaston, the most handsome bachelor in her charming village, but finds herself unimpressed with his affections. As one of her father's inventions goes terribly wrong, Belle finds herself stumbling upon a dark castle inhabited by all sorts of talking objects like a candlestick! She quickly discovers that a huge Beast inhabits the castle. Belle's love and grace transform her surroundings in this classic tale which charms audiences with its tender story and soaring melodies. Our music theater camp gives the opportunity for children to explore several different art forms including music, dance, and drama through the exciting world of musical theater. Camps are designed for beginners, intermediates, or anyone who likes to have fun while performing. Parents, friends, and family join us for the performance on Friday at 11:30 am in the Barbara and Dave Sylan Auditorium.

Outdoor Adventure

Outdoor Adventure with the CSJCC's Shaliach, Itai Lavi, and the summer shlichim. Campers will spend Monday-Wednesday at the CSJCC learning different outdoor skills - building their own camp, cooking, survival techniques and more. On Thursday morning, campers will leave for an overnight experience and return on Friday before Shabbat. Campers will have a special ghost encounter at night. **This adventure is only for the brave campers who will attend the overnight experience.**

Personal Best Camp

With a fitness focus at Personal Best Camp we will train hard, have fun, and make new friends as we build fitness, confidence and self-esteem. Campers will learn the fundamentals of running, conditioning, and sports training. The staff infuses young athletes with inspiration and encouragement. Personal Best Camp strives to develop a "healthy lifestyle" in kids by developing smooth running mechanics, playing fun-fitness games, setting new goals in personal competitions, and some swimming to cool off.

Pre-CIT: Fitness

Help your 4th-6th grader launch a healthy lifestyle! You will learn how fun and rewarding a healthy lifestyle can be. This session creates a camp-like atmosphere where campers play lively, active fitness games, and attend kid-friendly workshops on nutrition and fitness. They will even get to take what they've learned and apply it in the weight room. Instructor: CSJCC Fitness Trainer Stephanie Middleton

Read! Write! Action!

A week of enrichment activities that will engage your child's reading skills through planned reading abilities, as well as phonetic awareness, fluency, math, and social study skills. Mizel tutorial teachers are also available for private tutoring during Camp Shalom weeks, please call Mizel at 494-0953.

Secret Agent Camp

Become a detective! Become part of a mystery! Solve the Crime! Campers will learn skills and tricks to solve crimes and mysteries. All campers will be a part of hands on activities where they will be the detective, solve, and act out mysteries!