



## **LUNCH MENU FOR 1st - 10th GRADERS**

### **Each day campers get:**

1 main dish, 1 side option, 2 fruit/veggie options, 1 drink

**Side Options:** BBQ or plain chips, fries

**Fruit Options:** oranges, strawberries, cantaloupe, watermelon, pineapple, blueberries

**Veggie Options:** carrots, cucumbers, tomatoes, lettuce, mixed veggies

### **Main Dishes:**

**Monday:** 2 slices cheese pizza

**Tuesday:** kosher hotdog

**Wednesday:** grilled cheese

**Thursday:** kosher hotdog

**Friday:** 2 slices cheese pizza

**For more information or questions, contact the  
Camp Shalom Office at 918-495-1111 x130**